

National Coming Out Day

Week of Action Toolkit – Elementary

October 9–13, 2023





LAUSD's Board of Education Supports Taking PRIDE in LA Unified's LGBTQ+ Community



Read the Board Resolution
[here!](#)

This toolkit has been created to provide educators a variety of sample lesson plans & activities in adherence with the California FAIR Education Act. The following materials can be adapted to meet the unique needs of your students.



Please feel free to use a few or ALL of the lesson plans and and activities included, as well as create some of your own.



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In this toolkit you will find:

- **Identity Map activity – Prepares students to think critically about identity and intersectionality.**
 - **Art project**
 - **Prompts for writing or class discussion**
- **Daily quotes – which can be read during school-wide announcements or in class at the start of each day.**
- **Monday-Friday – Daily Suggestions:**
 - **Brief biographies of an important LGBTQ+ person or advocate to spotlight**
 - **Inclusive lesson plans**
 - **Activity**
 - **Book (should be available in the school library per Open Books donation)**
- **Sample Allyship pledge**
- **Resources**



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Help build community and spotlight the fabulous inclusive work of LAUSD educators and amplify student work and voice!

- Upload identity maps and writing prompt responses [here](#)!
- Share photos from this week's inclusive lesson plans and activities [here](#)!

Please share your week of action activities with us on our [Padlet](#)!



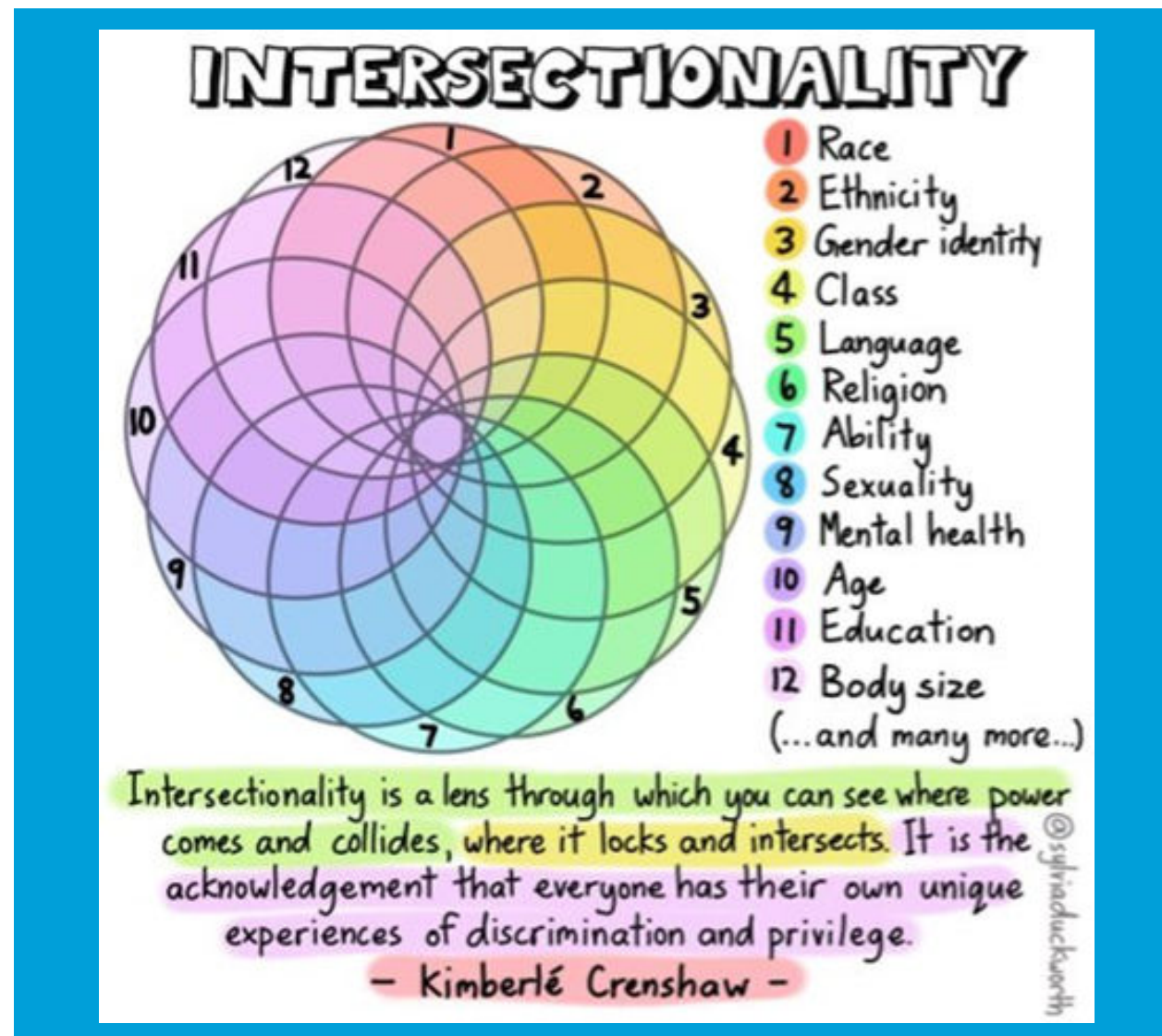
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At the start of this week it might be helpful to engage your students in discussions about identity. This activity is called an Identity Map.



Examples of some identities you might choose to reference.

Please upload copies of your identity map activity and responses to the writing prompts by clicking [here](#) or scanning the QR code!



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One suggestion for displaying the identity maps is to create a classroom/school-wide QUILT as pictured here.

Please upload copies of your identity map activity and responses to the writing prompts by clicking [here](#) or scanning the QR code!



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After students complete the Identity Map activity you can have students engage in a gallery walk of everyone's identity map. Then, have students respond to one or two of the following writing prompts. Lastly, engage students in a class discussion.

- Who am I? What did I learn about my identities?
- Something new I learned about someone in my class today was _____.
- What were some of your identities that were the same or different than your classmates?
- What does it mean to feel good about myself? How can I express that I like who I am?
- How can I be proud of who I am and celebrate others?

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Morning Announcements

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MONDAY

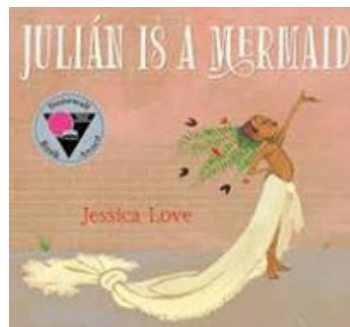
Person: Jazz Jennings - Is an American YouTube star, spokesmodel, television personality, and LGBT rights activist. She is also the inspiration for the nation-wide event, Jazz & Friends National Day of School and Community Readings.



Lesson: Introducing Gender; K-2, could be adapted for 3-5

Activity: Which Outfit & Which Hairdo

Book: Julian is a Mermaid by Jessica Love



TUESDAY

Person: Marsha P. Johnson, was an American gay liberation activist and self-identified drag queen. Known as an outspoken advocate for gay rights, Johnson was one of the prominent figures in the Stonewall Uprising of 1969.



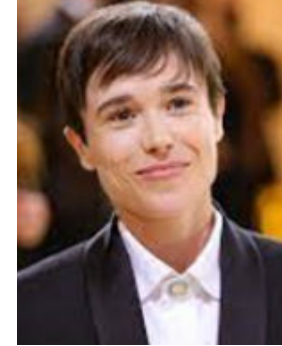
Lesson & Activity: Love Makes A Family (K-3, K-5 for schoolwide display)

Book: The Great Big Book of Families by Mary Hoffman



WEDNESDAY

Person: Elliot Page is a Canadian transgender actor. He was featured on the cover of Time in March 2021, becoming the first openly trans man to do so. He has received several accolades during his professional acting career.



Lesson & activity: I Am Me (grades 3-5)

Book: Be Who You Are by Todd Parr



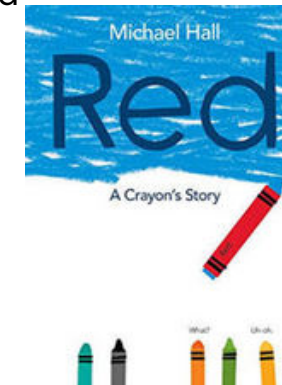
THURSDAY

Person: Layshia Clarendon is a WNBA star athlete who announced in 2015 that they "identify as Black, gay, female, non-cisgender, and Christian." In December 2020, Layshia came out as transgender and nonbinary.



Lesson & Activity: A Crayon's Story (K-3, can be adapted for 4-5)

Book: Red By Michael Hall



FRIDAY

Person: Carl Nassib is a defensive lineman in the NFL and in June 2021, he came out on social media as gay. He is the first openly gay active NFL player.



Lesson: Gender Stereotyping (K-2, can be adapted for 3-5)



Activity: Call to Action! - Take a Pledge to Be An Ally!

Book: From the Stars in the Sky to the Fish in the Sea by Kai Cheng



Please share your week of action activities with us on our Padlet!

Visit:

<https://achieve.lausd.net/human-relations>

Contact:

humanrelations@lausd.net



NATIONAL COMING OUT DAY WEEK OF ACTION – ELEMENTARY

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Include these with your morning announcements to work towards creating a more welcoming and affirming school community for everyone!



MONDAY
POSITIVE

P

“Find out who you are and do it on purpose.”
— Dolly Parton, an American singer-songwriter, actress, philanthropist, and businesswoman, known primarily for her decades-long career in country music

TUESDAY
RESPECTFUL

R

“When all Americans are treated as equal, no matter who they are or whom they love, we are all more free.”
— Barack Obama, an American politician who served as the 44th president of the United States from 2009 to 2017.

WEDNESDAY
INCLUSIVE

I

“We deserve to experience love fully, equally, without shame and without compromise.” — Elliot Page, Canadian actor assigned female at birth, and later publicly came out as a trans man in December 2020.

THURSDAY
DIVERSE

D

“What I liked about the rainbow is that it fits all of us. It’s all the colors. It represents all the genders. It represents all the races. It’s the rainbow of humanity.” — Gilbert Baker, American artist, designer, and activist, best known as the creator of the rainbow flag

FRIDAY
EQUITABLE

E

“We declare that human rights are for all of us, all the time: whoever we are and wherever we are from; no matter our class, our opinions, our sexual orientation.” — Ban Ki-moon, a South Korean politician and diplomat who served as the eighth secretary-general of the United Nations between 2007 and 2016.



NCOD PLEDGE OF ALLYSHIP

THIS IS TO CERTIFY THAT



Hereby pledges to:

- **Use kind language when talking about all teachers, staff, classmates and their families even if they are different from themselves.**
- **Be an Upstander by sticking up for others, if safe to do so, otherwise they will ask a grown up for help.**
- **Encourage and teach others to be allies.**

Staff



Date

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Additional Resources:

- Welcoming Schools: Defining LGBTQ Words For Elementary Students – Human Rights Campaign
- Book Lists & Lesson Plans – Gender Nation

- Human Relations, Diversity and Equity – Website
- Push and Play style Lessons – Advisory Lessons

- HRDE Schoology Groups – LAUSD Pride

Code: DQ2SX-4RSZ6

GSA Advisors

Code: XSMW-XTGC-4K4QW

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